

## Contact and support from other organisations.

We are keen to establish relationship with other local organisations

We are members of the  
**Scottish Men's Shed Association**  
[www.scottishmsa.org.uk](http://www.scottishmsa.org.uk) and  
**Voluntary Action East Renfrewshire**  
[www.va-er.org.uk](http://www.va-er.org.uk)

. **Age Scotland**  
[www.ageuk.org.uk/scotland/](http://www.ageuk.org.uk/scotland/)

We are grateful for the support and custom from local businesses such as

. **Co-op**  
. **INTU at Braehead**

and grants from

. **Age Scotland**  
. **Awards for All.**

We are particularly grateful for the support and assistance from

. **East Renfrewshire Council**  
**E.R. Health and Social Care Partnership.**

## Find us

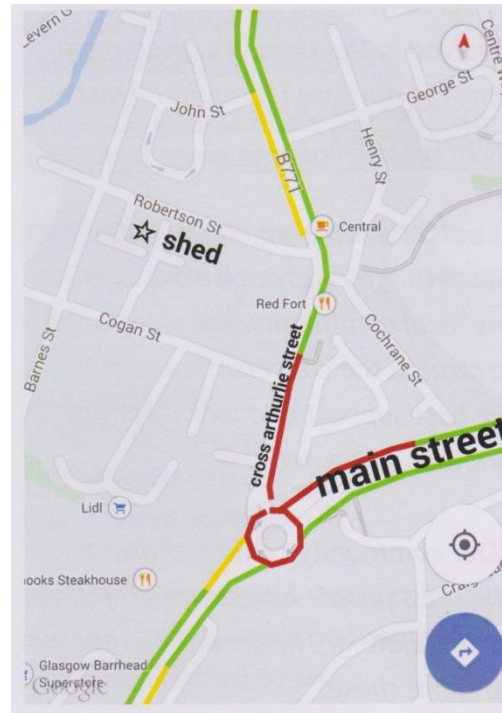
We are located in

Units 1-4 of a small industrial estate at

9 Robertson St  
Barrhead G78 1QW

e-mail [Barrheadmensshed@gmail.com](mailto:Barrheadmensshed@gmail.com)

Facebook **Barrhead Men's Shed**  
website [www.barrheadmensshed.weebly.com](http://www.barrheadmensshed.weebly.com)



The Men's shed is largely for retired people who want to remain physically, mentally and socially active



The shed gets us  
out of the house;  
out of trouble;  
and out of the clutches of carers that want to run our lives for us.

It is supposed to stop us making a nuisance of ourselves with the NHS; and die before decrepitude sets in.

## What do we provide ?

We have a workshop space with tools (mostly for woodworking) where members can work on their own projects or participate in communal projects;



and a socialising space for tea and blether



and a space used for administration and light crafts.



The shed is open from 10:00 until 1:00pm Monday  
Wednesday Thursday and Friday from January 2018.

## Some things that our members have made.



## Would you like to join us?

Membership is open to people from around East Renfrewshire who are able to look after themselves



**We do not provide formal instruction or personal support** so members must be able to work safely with minimal supervision in whatever they choose to do, bearing in mind there will be others working around them. They are responsible for their own safety and the safety of those affected by them.

Contact us

**e-mail;** barrheadmensshed@gmail.com

**website** [www.barrheadmensshed.weebly.com](http://www.barrheadmensshed.weebly.com)

**facebook** Barrhead Men's Shed

**call in** at Units 1-4, 9 Robertson Street  
Barrhead.G78 1QW

(We do not have a manned telephone.)

Come along, let us know you are coming if you can.  
See if you like what you see. You will be given an application form that will be considered by the trustees by the end of the following month.